

Junior Class Timetable

Monday Junior Schedule		Age Group	Cost
*Please note no class on Bank Holiday Mondays 22nd April 2019 and 6th May 2019			
Junior Gym Inductions 16:15 - 17:00	Booking required Via Lockside Reception, Medical disclaimer to be completed prior to induction	13-15	FREE
Junior Gym 16:15 - 16:45	Term dates w/c 22 nd April 2019 – 15 th July 2019 (No class w/c 27 th May 2019)	8-13	FREE
Junior Gym 16:45 - 17:15	Term dates w/c 22 nd April 2019 – 15 th July 2019 (No class w/c 27 th May 2019)	8-13	FREE
Tuesday Junior Schedule		Age Group	Cost
Junior Gym Inductions 16:15 - 17:00	Booking required Via Lockside Reception, Medical disclaimer to be completed prior to induction	13-15	FREE
Junior Gym 17:00 - 17:30	Term dates w/c 22 nd April 2019 – 15 th July 2019 (No class w/c 27 th May 2019)	8-13	FREE
Junior Gym 17:30 - 18:00	Term dates w/c 22 nd April 2019 – 15 th July 2019 (No class w/c 27 th May 2019)	8-13	FREE
Wednesday Junior Schedule		Age Group	Cost
Junior Gym Inductions 16:15 - 17:00	Booking required Via Lockside Reception, Medical disclaimer to be completed prior to induction	13-15	FREE
Yoga Seedlings 16:15 - 17:00	Term dates w/c 22 nd April 2019 – 15 th July 2019 (No class w/c 27 th May 2019)	5-7	FREE
Junior Gym 17:00 - 17:30	Term dates w/c 22 nd April 2019 – 15 th July 2019 (No class w/c 27 th May 2019)	8-13	FREE
Yoga Seedlings 17:00 - 18:00	Term dates w/c 22 nd April 2019 – 15 th July 2019 (No class w/c 27 th May 2019)	8-13	FREE
Junior Gym 17:30 - 18:00	Term dates w/c 22 nd April 2019 – 15 th July 2019 (No class w/c 27 th May 2019)	8-13	FREE
Thursday Junior Schedule		Age Group	Cost
Junior Gym Inductions 16:15 - 17:00	Booking required Via Lockside Reception, Medical disclaimer to be completed prior to induction	13-15	FREE
Junior Gym 17:00 - 17:30	Term dates w/c 22 nd April 2019 – 15 th July 2019 (No class w/c 27 th May 2019)	8-13	FREE
Junior Gym 17:30 - 18:00	Term dates w/c 22 nd April 2019 – 15 th July 2019 (No class w/c 27 th May 2019)	8-13	FREE

Terms and Conditions

All children under the age of 13 must be accompanied to the activity registration point and collected by a parent/guardian (over 18).

All Child or Junior members (under the age of 16) must have a medical disclaimer completed by

their adult/guardian prior to taking part in any junior activity.

There will be a waiting list for next terms classes, if you would like to book onto the waiting list please speak with a member of the team at Lockside/Members' Reception.

Friday Junior Schedule		Age Group	Cost
Junior Gym Inductions 16:15 - 17:00	Booking required Via Lockside Reception, Medical disclaimer to be completed prior to induction	13-15	FREE
Junior Gym 16:15 - 16:45	Term dates w/c 22 nd April 2019 – 15 th July 2019 (No class w/c 27 th May 2019)	8-13	FREE
Intro to Contemporary Dance 16:45 - 17:30	Term dates w/c 22 nd April 2019 – 15 th July 2019 (No class w/c 27 th May 2019)	5-7	FREE
Junior Gym 16:45 - 17:15	Term dates w/c 22 nd April 2019 – 15 th July 2019 (No class w/c 27 th May 2019)	8-13	FREE
Intro to Contemporary Dance 17:30 - 18:30	Term dates w/c 22 nd April 2019 – 15 th July 2019 (No class w/c 27 th May 2019)	8-13	FREE
MUGA - Football Training 17:30 - 18:30	Term dates w/c 22 nd April 2019 – 15 th July 2019 (No class w/c 27 th May 2019)	8-12	N/A
Saturday Junior Schedule		Age Group	Cost
Junior Gym Inductions 11:15 - 12:00	Booking required Via Lockside Reception, Medical disclaimer to be completed prior to induction	13-15	FREE
Junior Bootcamp 12:00 - 12:45	Term dates w/c 22 nd April 2019 – 15 th July 2019 (No class w/c 27 th May 2019)	8-13	FREE
Sunday Junior Schedule		Age Group	Cost
Junior Gym Inductions 11:15 - 12:00	Booking required Via Lockside Reception, Medical disclaimer to be completed prior to induction	13-15	FREE

Holistic Studio
 Gym Floor
 MUGA

